

St. Luke School

September 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Average Nutrients</p> <p>This institution is an equal opportunity provider.</p> <p>White or fat free chocolate milk available</p>		Aug 31) BBQ, Beans, Fruit, Veggies	<p>1) Sandwich Day (Ham/ Cheese), Veggies, Apple, Cookie</p> <p>**Eat in School</p>	2) Cookout—Hotdogs, Chips, Fruit, Veggies
<p>5) NO SCHOOL—</p> <p>LABOR DAY</p>	6) Pizza Casserole, Veggies, Pickles	7) Salad Bar Day	8) Chicken Strips, Tater Tots, Jell-O	9) Breakfast Casserole, Veggies, Fruit, Roll
12) Chicken & Rice Casserole, Green Beans, Pears	13) Spaghetti, Veggies, Fruit	14) Hot Ham & Cheese Sandwich, Chips, Apples	15) Pizza, Garlic Bread, Cookie	16) Vegetable Soup, Cheese, Brownie
19) Chili, Veggies, Fruit	20) Ham & Scallop Potatoes, Peas, Jell-O	21) Salad Bar Day	22) Cheeseburger Casserole, Veggies, Cookie	23) Fish Sticks, French Fries, Applesauce, Roll
26) Chicken Noodle Soup, Veggies, Fruit	27) Pancakes, Sausage, Applesauce	28) Chicken Nuggets, Tater Tots, Corn, Pickles	29) Grilled Cheese, Tomato Soup, Peaches	30) NO SCHOOL— HOMECOMING

