

# St. Luke School

# February 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
1) Corn dogs, fries, green beans, fruit, Rice Krispy treat	2) Grilled ham & cheese, tomato soup, fruit	3) Pizza from The Shed, garlic bread, fruit	4) Hamburger, cup of chili, fruit	5) Chicken nuggets, steak fries, corn, fruit	This institution is an equal opportunity provider.
8) Meatloaf, mashed potatoes, green beans, fruit, mini cupcake	9) Pigs in blankets, baked beans, corn, buns, fruit	10) Bacon, egg, & cheese breakfast bake, fried potatoes, fruit, cookie	11) Meatballs and noodles, peas, bread, fruit, Valentines red velvet cake	12) Sandwich Day (egg salad, ham or turkey), chips, veggies, fruit	White skim or fat free chocolate milk available.
15) Broccoli cheese soup, turkey wrap, fruit	16) Beefy mac casserole, green beans, apple crisp	17) Tuna noodle casserole, peas, fruit, roll  *Ash Wednesday	18) Ham, egg & cheese sandwich, fried potatoes, fruited Jell-O	19) Fish sandwiches, cole slaw, chips, fruit, brownies	All bread and rolls are Whole grain.
22) Pulled pork sandwich, fries, salad, fruit	23) Cheeseburgers, tots, fruit	24) Sloppy Joe, chips, fruit, chocolate pudding	25) Walking taco casserole, fruit, Tex Mex rice, peach cobbler	26) Baked haddock, cheesy potatoes, corn, fruit, lemon poppy seed bread	

